



Our Lady of Mount Carmel Wentworthville

Carmel Bulletin

Sunday, 5th July 2026

14th Sunday in Ordinary Time



Reflections for this week's readings

First Reading: Zecharia 9:9-10
Responsorial Psalm: Psalms 144:1-2, 8-11, 13-14
Second Reading: Romans 8:9, 11-13
Gospel: Matthew 11:25-30

"Come to me, all you who labor and are burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for yourselves. For my yoke is easy, and my burden light."

What a beautiful invitation from Jesus!

This passage is worth reading over and over and memorizing so that it can easily be reflected upon during those more difficult moments in life. We all have those moments. The moments when we feel overwhelmed and burdened. It could be we are burdened by some tragedy in life, or it could be we are burdened by the small and monotonous aspects of life. One of the greatest daily burdens is that of our own sin. But whatever the case may be, Jesus wants us to hear and believe these words. "Come to me..." He says. Come to me no matter what is going on in your life. Come to me without hesitation and without fear.

Jesus also promises us that His "yoke is easy" and His "burden is light."

What does that mean?

Does it mean that coming to Jesus will remove all hardship from our lives? No, not really.

What it means is that coming to Jesus will enable us to endure and walk through any hardship we encounter in life.

God the Son came and took on our human nature and all that goes along with being human. And though He never sinned, He allowed Himself to experience the effects of sin and the burden it imposes. So as God, He is able to look

us in the eye and tell us that He understands our hardships because He lived them. He lived them out of love for us so that He could help us endure, joyfully, all we face in life.

Reflect, today, upon this gentle and glorious invitation from Jesus. Let Him enter whatever it is that burdens you. Let Him carry the yoke that you carry and give you, instead, the gentle yoke He has prepared for you.

The cross you bear may not go away, but it will be transformed and made light in His grace.

Lord, I surrender my life and all that I am to You. I accept Your invitation to come to You. Thank You for Your unfailing compassion and concern for me. Jesus, I trust in You.

From: daily catholic reflection

Lectio Divina – Weekly Sessions

You are most welcome to join us every Wednesday evening at 6:00pm in the Red Room for the weekly *Lectio Divina*, a prayerful reflection on God's Word.

As we listen, reflect, and pray together. For more information, please click on the link [Lectio Divina](#).

NO LECTIO DIVINA WEDS, 8 & 15 JULY DUE TO NOVENA.



OLMC Parish News

Novena in preparation for Our Lady of Mount Carmel

Join us at **OLMC Wentworthville** for the **Novena to Our Lady of Mount Carmel** commencing on **Tuesday 7 July**, at **7:00pm**.

The Novena Prayers for each day can be accessed on our website: olmcwenty.org.au/novena

St Vincent de Paul Society Winter Appeal 2026

This winter we would be grateful for your support to help us to assist people within our parish to break free from the cycle of poverty and homelessness. Your gift can help us provide grocery vouchers, clothing, re-conditioned whitegoods, fundamental furniture and assistance with some bills. Envelopes are available near the SVDP blue collection boxes located at both entrances to the church. Our Appeal will run from Saturday 20 June to Sunday 5 July.

Safeguarding at OLMC Parish

Ensures that children, young people, and vulnerable adults are safe, respected, and protected in our parish community. All volunteers and ministry members are required to complete safeguarding training.

This can be completed online - <https://parracatholic.org/safeguarding/> for access to the online modules. Face-to-face training sessions are also available at the following link: [Find An Event Near Me | Diocese of Parramatta](#)

For more information, please visit the Diocese of Parramatta Safeguarding website: <https://parracatholic.org/safeguarding/>

Thank you for keeping our parish safe and a welcoming place for all. We are dedicated to creating a safe and nurturing environment for all members of our community, especially children and vulnerable adults, in line with the "Parramatta Way."

The Parramatta Way of Safeguarding is to... Act with justice, and state that we have zero tolerance for any form of abuse or harm to children or any person; Act with justice, and ensure that laws and obligations are upheld, and safety is paramount.

Parish Finances

Your generosity and kindness are truly appreciated!

Donations to the Parish for the week of Monday, 22 June to Sunday, 28 June totalling \$3,700.00

Planned Giving (cash/c cards): \$914.00

Loose cash: \$798.00

Direct Deposits: \$528.00

Tap & Go: \$1,460.00

Thank you for your kind donations to the Peter's Pence Collection, **\$535.00** was raised, providing assistance to supporting the Pope's mission; which extends throughout the entire world from the proclamation of the Gospel to the promotion of integral human development, education, peace and brotherhood among people.

Parish Online Banking: If you would like to pay fees or to donate, our online banking details are:

BSB: 067 950 **Account Number:** 000 00602

Account Name: Wentworthville Catholic Church

Reference: [Your Surname] **PURPOSE OF YOUR DONATION**

Please remember in your prayers.....

Recently Deceased: Helena Lawrance, Frances Bonello, Chan Tran Betty Beecroft, Charlie Buhagiar.

Deceased (including RIP, anniversaries and memorials):

Joyce Cini, Mary & Frank Teuma, Tony & Antonia Cini, Mary & Frank Camilleri, Doreen Camilleri, Joseph Teuma, Louis Teuma, Joe & Maria Vella, Rosa Titian, Sonia Spittle, Jesse & Kevin McManus, Carmel Cini, Lewis Camilleri, Joseph Grech, Doris Vella, Tony Valdares, Bruno & Louisa Braganza, Gorgie Baratto, Anthony & Margaret Aquilina, Lina Hawkins, H.C. Garrad.

Those who are sick (in need of healing and peace), especially: Victoria (Vicky) Borg, Norman de Luca, Margaret Norton, Vincenza (Vivian) Sultana.

Special Intentions /Thanksgiving/Birthdays: Thuy Tran, Ngoc Tran, Littu & Jigo, Sacred Heart of Jesus.

(Note: If you wish for your mass intention to be published in the Carmel Bulletin, please indicate your agreement by circling "yes" or "no" on the envelope.)

OLMC Calendar



Baptisms: Joseph Tony Borg and Sophia Valdez.

May they grow in faith, love, and the grace of God!

Feasts & Memorials: July 3: Feast of St Thomas, Apostle

July 11: Memorial of St Benedict, Abbot

July 16: Feast of **Our Lady of Mount Carmel**

July 22: Feast of St. Mary Magdalene

July 25: Feast of St. James the Greater, Apostle

July 26: Memorial of Sts Joachim and Anne, Parents of the Blessed Virgin Mary

July 29: Memorial of Sts Martha, Mary, and Lazarus

July 31: Memorial of St Ignatius of Loyola, Priest

OLMC Church Calendar:

Lectio Divina

Church Cleaning

SVdP Meeting

Baptism Preparation

Wed, 8 July 6.00pm

Thur, 9 July 9.30am

Thur, 9 July 10 am

Thur, 9 July 6.00pm

Diocese of Parramatta Notices



Sing a New Song – Music Workshop for Children: 14 July

Do you have a child in Year 4-12? Invite them to come along to our 'Sing A New Song

Holiday Music Workshop', for a fun day of singing and exploration of sacred music. When: Tuesday 14 July 2026, 9.30am-2pm Where: St Patrick's Cathedral Hall, 1 Marist Place Parramatta, morning tea and lunch provided.

Student participants will form a choir that will sing at the Solemn Mass at St Patrick's Cathedral Parramatta on Sunday 19 July at 6pm. Register here:

parracatholic.org/events/school-holiday-music-workshop/

CYP Annual LIFTED Retreat for year 10-12's: 15 July

You're invited to LIFTED Retreat! A one-day retreat for 16-17 year olds from across the Diocese at St Paul's, Winston Hills on Thursday, 15 July. Together we will enter a weekend of connection, prayer and reflection on the theme of Abundance, inspired by John 10:10. Whether you're just beginning your faith journey, looking for community or need a mid-year renewal, the LIFTED Retreat welcomes you with open arms. Limited spots available. Registrations close 19 June.

parracatholic.org/events/lifted-high-school

Adult Confirmations 2026

The Office for Worship will host a Catechesis and Formation Day for those candidates (16+) interested in receiving the Sacrament of Confirmation this year. Held on Saturday 29 August, 9.30am – 2.00pm at Bishop Bede Heather Centre, Blacktown. A light lunch will be provided. It is recommended that all sponsors attend the catechesis day. A contribution of \$40 is suggested from the candidates to assist in covering the Catechesis Day. The Confirmation will take place on Tuesday 1 September 2026 at 7:30pm at the St Patrick's Cathedral, Parramatta. Please Note: Enrolment forms and a copy of Baptismal Certificates should be sent to OFW before Monday 18 August 2026. For more information, please contact the Office for Worship ofw@parracatholic.org or 0460 037 795.

Rosary Workshops in July 2026

Come along for a fun evening of community and crafting rosary beads that will then be donated to the sick and dying in hospitals across our Diocese. There are multiple workshops hosted throughout June. Cost: \$5 per person – payable on arrival (includes all materials). To register and for more information, please

visit parracatholic.org/rosary-workshops or ofw@parracatholic.org or 0460 037 795.

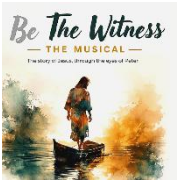
RCIA Seminars for parish coordinators: 29 July & 5 August

The Office for Worship team is hosting two seminars for RCIA (Rite of Christian Initiation of Adults) coordinators to come together to learn and ask questions about how to run an RCIA program in their parish. These workshops will be held on Wednesdays 29 July and 5 August at the Bishop Bede Heather Centre, Blacktown at 7pm. For more information and to register please see the website <https://parracatholic.org/connect/events/?topic=rcia> or contact ofw@parracatholic.org or 0460 037 795.

Positions Vacant

Parish Secretary - St Patrick's Cathedral, Parramatta
Housekeeper Supervisor - Holy Spirit Seminary, Harris Park
Learn more at parracatholic.org/jobs

Around the Diocese



BE THE WITNESS — THE MUSICAL
Over the past few months, the chorus of **Be the Witness** has visited parishes across the Diocese, sharing a glimpse of this powerful Catholic musical.

Now the full production is coming to **Riverside Theatres Parramatta from 10–13 September 2026**.
Be The Witness brings the story of Jesus to life through the eyes of St Peter, using music, drama and storytelling to create a moving encounter of faith, hope and witness.
Special parish group offer available until Friday 10 July:
Groups of 50 receive around **20% off standard tickets**, plus one complimentary ticket for the parish priest.
Bring your parish group, ministry, family or friends. Scan the QR code to book your group.



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Kids Corner

Rest for the weary based on Matthew 11:28-30

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Q Q K O Q R G H U M B L E M S
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Y M O E V B N Y Q Q K C T B V
F N W L S W T H V A D C M U W
P H K G R O L E T R W T F R D
E M G I B U E A G E W W R D A
Z A A V G P S R R W C H V E Y
M S S E Z J Z T F E C W L N T
Q U Q Y V X T H G Q A R X J N
R E S E M X E N U E L Y N R W
X C C O I I Y X M J F I A A K
E I Z A U S S L Y J K E G Y D
Y I J O L L V N I X L E R H V
W G T R L L S K E R E S T K T

HUMBLE SOULS COME	ALL WEARY GIVE	LEARN GENTLE EASY	LIGHT TAKE BURDEN	YOKE HEART REST
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Roster 11 & 12 July 2026		
15 th Sunday in Ordinary Time		
MASS	ROLE	VOLUNTEER
6pm Saturday (Vigil)	Reader 1 Reader 2 Communion	Bob Hanna Janine Hanna May Pepin Oliver Pepin Ann Zahra
8am Sunday	Reader 1 Reader 2 Communion	Cat Paulo Cecilia Cotter David Rodridgues Michelle Rodridges Eric Dias
10am Sunday	Reader 1 Reader 2 Children Communion	Jamaica Lopez Kezia Sathi Jochain Sathi Mary Vijila Rosemary Chung* Marina Peter David Touma
6pm Sunday	Reader 1 Reader 2 Communion	Romona Grimm Mark Attwood Kim Vu Fran Sharpe
Note: * for reserves		

Next week's readings

11 & 12 July 15th Sunday in Ordinary Time
First Reading: Isaiah 55:10-11
Responsorial Psalm: Psalms 64:10-14
Second Reading: Romans 8:18-23
Gospel: Matthew 13:1-23

Recycle glass, plastic and aluminium and convert to Cash!
Thank you for your generosity!



Please continue bringing bottles and cans! In support of the ongoing mission of the East Timor Committee with financially assisting students and their families in East Timor. *Our progress has been incredible and achieving amazing goals.*



Our Lady of Mount Carmel

Wentworthville

In the care of the Carmelite Friars

We acknowledge the Dharug people as the original custodians of this land and pay our respects to the elders; past, present and emerging.

Our Lady of Mount Carmel Parish, together with the Diocese of Parramatta and the Carmelite Friars, are committed to safeguarding children, young people and vulnerable adults in our care and ensuring that they feel and are safe.

Connect with us

Online at www.olmcwenty.org.au

On Facebook, Twitter and Instagram @olmcwenty

Email ocarmswenty@gmail.com

If you would like to stay up to date with all the news from the parish, please consider [subscribing to the Carmel bulletin](#).

Parish Office

Phone: 9631 8302

Open Monday to Thursday, 8:30am to 3:30pm

Parish Office is closed Friday, Saturday, Sunday and Public Holidays

Parish Priest: Fr. Januario Pinto, O.Carm (Carmelite Prior)

Assistant Priest: Fr. Albino Dos Santos, O.Carm

In Community: Fr. Anthony Scerri, O.Carm

Fr. John Powell, O.Carm (in Aged Care)

Parish Secretary: Diane Vella

Finance Officer: Gennie Cosgrove

Safeguarding Officer: Moira Peter

Our Lady of Mt Carmel Primary School

Principal: Olimpia Pirovic

Phone: 8832 1100

Liturgy times

Sunday Masses

Saturday: 6:00pm (*Vigil*)

Sunday: 8:00am, 10:00am (include Children's Liturgy of the Word), 6:00pm

Weekday Masses

Monday - Thursday and Saturday: 9:00am

Friday: 9:15am (except first Friday of the month)

Reconciliation

Saturday: after the 9:00am Mass

Exposition of the Blessed Sacrament

Saturday: 8am

Rosary Group

Monday - Friday: 8am

Saturday: after the 9am Mass

Anointing within Mass

First Friday of the month at 9am Mass followed by morning tea

Baptisms, Weddings and Funerals By request

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