

Our Lady of Mount Carmel Wentworthville

Carmel Bulletin

Sunday, 8th March 2026

3rd Sunday of Lent Year A

The water that I shall give
shall turn into a spring

Third Sunday of Lent



Reflections for this week's readings

First Reading:	Exodus 17:3-7
Responsorial Psalm:	Psalm 94:1-2, 6-9
Second Reading:	Romans 5:1-2, 5-8
Gospel:	John 4:5-42

In the Gospel story of the Samaritan woman at the well, Jesus meets a woman and changes her life. She is an outsider, someone looked down on by others. But Jesus treats her with kindness and respect, even though she is a Samaritan.

Jesus is tired from his journey & asks for water from the well. She notes he has no way to draw out the water.

Jesus says that if she had known who was asking for a drink, she would have requested "living water" from him. She then engages Jesus in conversation with questions of theology. While she does not understand his meaning, he explains drinking the well water will only make you thirsty again. Even with this misunderstanding she still wants what this "living water" will bring if it will forever quench her thirst. Thirst in this context symbolizes a deeper spiritual need & the offer of eternal life.

This encounter changes how she sees herself and others.

She shows that beyond misunderstanding his meaning, there is a desire for what Jesus offers, even if it makes her question her own faith & practice. Ultimately, she leads other people to Jesus.

This story is about more than one woman's experience. It speaks to each of us. Regardless of belief we need to have respect for others & treat each other with kindness. We all have times when we feel empty or lost. Like the woman at the well, we search for answers & things that will make us happy.

Angela (Parishioner)

Lectio Divina – Weekly Sessions

You are most welcome to join us every Wednesday evening at 6:00pm in the Red Room for the weekly *Lectio Divina*, a prayerful reflection on God's Word.

As we listen, reflect, and pray together.

For more information, please click on the link [Lectio Divina](#) PLEASE NOTE: THERE WILL BE NO LECTIO DIVINA ON WEDNESDAY 25 MARCH.



Parish News

Can you help during Holy Week and the Easter Triduum?

We need the help of volunteers for a range of ministerial, preparation, pack up and support roles at different times over the week - there is sure to be a role that will suit you and help our community. If you can help,



visit olmcwentyliturgy.org/triduum-volunteers and sign up now. If you do not have an email address but still want to help, please call the parish office.

Help our community sing at our Easter Triduum Celebrations

If you would like to assist with leading our community's sung prayer at our Holy Thursday Mass, Good Friday Liturgy and Easter Vigil Mass, then we invite you to join the choir that will sing at these celebrations. Practice is on Mondays from 7:15 - 8:30 pm in the church. Previous experience and/or training are not required. For more information, contact Robert at olmcwentyliturgy.org/contact.

Liturgy Corner

Must I receive Communion from the chalice?



Starting at the Mass of the Supper of the Lord on Holy Thursday, we will return to offering Communion from the chalice. This will be a return to what was common practice within our parish before COVID-19 restrictions were first put in place.

Some parishioners will have received Communion from the chalice before restrictions were put in place, and we would encourage people to return to this practice or consider starting to receive Communion under both kinds. In doing so, we more fully experience the sacramental symbol. This was, of course, instituted by Jesus at the Last Supper, who also asked his disciples if they could drink the cup that he would drink.

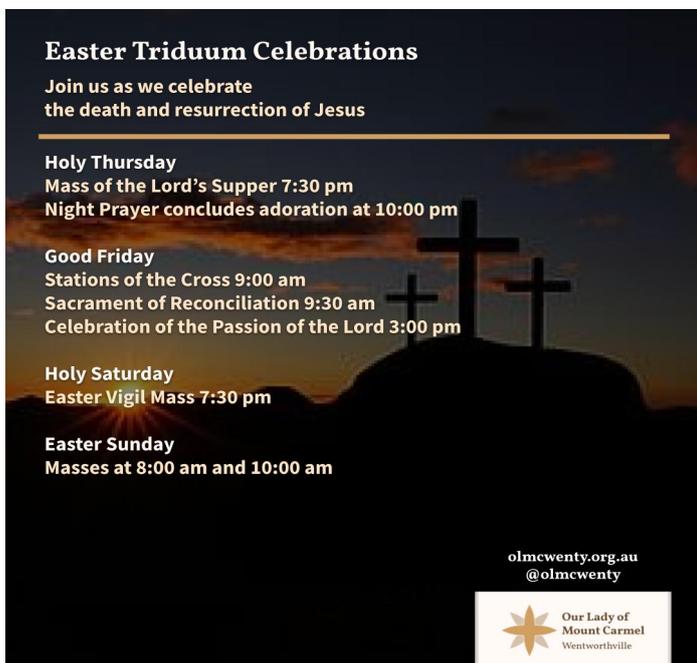
The Church also teaches still that Christ is truly and fully present in either the consecrated bread or wine. There may be a good reason why a person may choose not to receive Communion from the chalice. For example, people should not receive from the chalice if they are unwell.

If you are in a position to receive the Eucharist under both kinds, though, we hope that you will take up the opportunity to experience (to return to experiencing) the sacramental ritual of Holy Communion in its fullest form.

Celebrating Sacraments:

Baptisms: Matthew Carswell, Normarni Achirem and Emilia Grech. *Sun, 22nd Mar 2026.* 
May they grow in faith, love, and the grace of God!

Weddings: Annmaree Kenny and Daniel Khaziran Sat, *21st Mar 2026.* 
May our Lord grant them happiness and love



Easter Triduum Celebrations
Join us as we celebrate
the death and resurrection of Jesus

Holy Thursday
Mass of the Lord's Supper 7:30 pm
Night Prayer concludes adoration at 10:00 pm

Good Friday
Stations of the Cross 9:00 am
Sacrament of Reconciliation 9:30 am
Celebration of the Passion of the Lord 3:00 pm

Holy Saturday
Easter Vigil Mass 7:30 pm

Easter Sunday
Masses at 8:00 am and 10:00 am

olmcwenty.org.au
@olmcwenty




Lent is a time of prayer and penance
Join us for the special opportunities we have
to draw closer to God this Lenten season

Stations of the Cross
Friday mornings after Mass and at 7:00 pm

Lectio Divina
Wednesdays at 6:00 pm

Sacrament of Reconciliation
Saturdays at 9:30 am

Lenten Penitential Service
Wednesday 25 March at 7:00 pm

In addition, the Carmelite Centre Melbourne offers opportunities for prayer and reflection via Zoom

Visit www.thecarmelitecentremelbourne.org
to find out more

olmcwenty.org.au
@olmcwenty



Parish Finances

Thank you for your generosity

Donations to the Parish for the week of Monday 26/2/2026 to Sunday 01/03/2026 totalling \$3,995.00

Planned Giving (cash/c cards):	\$1,322.00
Loose cash:	\$801.00
Direct Deposits:	\$480.00
Tap & Go:	\$1,392.00

Parish Online Banking: If you would like to pay fees or to donate, our online banking details are:

BSB: 067 950 **Account Number:** 000 00602
Account Name: Wentworthville Catholic Church
Reference: [Your Surname] *PURPOSE OF YOUR DONATION*

Please pray for....

Deceased: Michael William (Bill) Casey

Deceased (including RIP, anniversaries and memorials): Mary & Frank Teuma, Joyce Cini, Tony & Antonia Cini, Doris Vella, Charlie Zammit, Henry Hart, Catherine Hawkins, Nicholapillai Aseereraltham, Judith Camilleri.

Those who are sick (in need of healing and peace), especially: Victoria (Vicky) Borg, Norman de Luca, Margaret Norton, Vincenza (Vivian) Sultana, Bernard & Julie Deady, Thelma Blakeman, Helen Lambert.

Special Intentions /Thanksgiving: Ngoc Tran, Thuy Tran, Joseph Tran, Patrick Tran.

Celebrating our Catholic Calendar

St Patrick, Bishop

Solemnity 17th March 2026

St Joseph, Spouse of the Blessed Virgin Mary

Solemnity 19th March 2026

Church Calendar

Lectio Divina	Wed, 11 th March 6 pm
Baptism Preparation	Thurs, 12 th Mar 6.00pm
Church cleaning	Thurs, 19 th Mar 9.30 am
Vinnie's Meeting	Thurs, 19 th Mar 10.00am
Confirmation – Parent information night	Tues, 31 st Mar 7.00pm

Stations of the Cross after 9am Mass and 7pm each Friday during Lent.



Celebrating Sacraments at OLMC

In preparation for the Sacrament of Confirmation which will be celebrated on **Saturday, 23rd May 2026 at 6.00pm**. Please note the following dates in your diary:

Parents information night **31st March at 7pm**.

Enrolment closing date is **24th April**.

Attend 3 compulsory Workshops, further notice on dates and times will be provided soon.

Enrolment forms are accessible through the website and from the Parish Office, Monday – Thursday 8.30am – 3.30pm.



Recycle glass and aluminium and convert to Cash!

Please continue bringing the cans and bottles!

Thank you for your generosity in supporting students and their families in East Timor and the ongoing mission of the East Timor Committee. We are achieving outstanding progress.



Diocese of Parramatta Notices

Safeguarding

When should I complete my Safeguarding Training?

All Clergy, employees and volunteers in parish ministry are required by the NSW Children's Guardian Act 2019 to be current and complete with Safeguarding Training.

- If you are new to ministry, you must complete the Introductory Modules 1-3 (Cycle 1).
- If you completed Cycle 1 modules two years ago, you must complete Renewal Modules 4 and 5 (Cycle 2)
- If you renewed your Cycle 2 two years ago, you must complete a Refresher Module 6 (Cycle 3)

Safeguarding Training Modules can always be completed online at <https://learning.safeguarding.org.au/>. Face-to-face training opportunities can be found at [Find An Event Near Me | Diocese of Parramatta](#).

- **Wednesday, 11 March** 9.30-1.00pm-Safeguarding Training Cycle 2 Module 4-5. Bishop Bede Heather Centre, 1-5 Marion Street, Blacktown.
- **Saturday, 19 September** 9.30-1.00pm-Safeguarding Training Cycle 2 Module 4-5 . Our Lady Queen of Peace, 198 Old Prospect Road, Greystanes

Rosters for 14 & 15 March 2026

4th Sunday of Lent

MASS	ROLE	VOLUNTEER
6pm Saturday (Vigil)	Reader 1 Reader 2 <i>Communion</i>	<i>Trish Maldigri</i> <i>Angela Carlino</i> <i>Ann Zahra</i>
8am Sunday	Reader 1 Reader 2 <i>Communion</i>	David Rodridges Michelle Rodridges <i>Cat Paulo</i> <i>Cecilia Cotter</i>
10am Sunday	Reader 1 Reader 2 Children <i>Communion</i>	Joachin Sathi Fiona Bylsma <i>Rosemary Chung</i> <i>David Touma</i>
6pm Sunday	Reader 1 Reader 2 <i>Communion</i>	Elena Fernandes Michael Williamson <i>Isa Urbano</i>

Next week's readings

14 & 15 March 2026: 4th Sunday in Lent

First Reading:	1 Samuel 16:1, 6-7, 10-13
Responsorial Psalm:	Psalm 22
Second Reading:	Ephesians 5:8-14
Gospel:	John 9:1-41



**Our Lady of
Mount Carmel**
Wentworthville

In the care of the Carmelite Friars

We acknowledge the Darug people as the original custodians of this land and pay our respects to the elders; past, present and emerging.

Our Lady of Mount Carmel Parish, together with the Diocese of Parramatta and the Carmelite Friars, are committed to safeguarding children, young people and vulnerable adults in our care and ensuring that they feel and are safe.

Connect with us

Online at www.olmcwenty.org.au

On Facebook, Twitter and Instagram @olmcwenty

Email ocarmswenty@gmail.com

If you would like to stay up to date with all the news from the parish, please consider [subscribing to the Carmel bulletin](#).

Parish Office

Phone: 9631 8302

Open Monday to Thursday, 8:30am to 3:30pm

Parish Office is closed Friday, Saturday, Sunday and Public Holidays

Parish Priest: Fr. Januario Pinto, O.Carm (Carmelite Prior)

Assistant Priest: Fr. Albino Dos Santos, O.Carm

In Community: Fr. Anthony Scerri, O.Carm,
Fr. John Powell, O.Carm (in Aged Care)

Parish Secretary: Diane Vella

Finance Officer: Gennie Cosgrove

Safeguarding Officer: Moira Peter

Our Lady of Mt Carmel Primary School

Principal: Olimpia Pirovic

Phone: 8832 1100

Liturgy times

Sunday Masses

Saturday: 6:00pm (*Vigil*)

Sunday: 8:00am, 10:00am (include Children's Liturgy of the Word), 6:00pm

Weekday Masses

Monday - Thursday and Saturday: 9:00am

Friday: 9:15am (except first Friday of the month)

Reconciliation

Saturday: after the 9:00am Mass

Exposition of the Blessed Sacrament

Saturday: 8am

Rosary Group

Monday - Friday: 8am

Saturday: after the 9am Mass

Anointing within Mass

First Friday of the month at 9am Mass followed by morning tea

Baptisms, Weddings and Funerals By request

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