

Our Lady of Mount Carmel

Wentworthville

Carmel Bulletin

Sunday 1st February 2026

4th Sunday in Ordinary Time



Reflections for this week's readings

First Reading: Zephaniah 2:3, 3:12-13

Responsorial Psalm: Psalm 145:7-10

Second Reading: 1 Corinthians 1:26-31

Gospel: Matthew 5:1-12

A mother with two children or more, whether working full or part-time, keeping a house and racing between school, childcare, doctors, etc, occasionally may tend to panic and declare that she hates modern living. "Time is so short", she says, "and everything around me is turned upside down! Things were so different when I was a child." And who blames her!

That is what Paul wrote to the Corinthians over two thousand years ago: "The time is short ...the world as we see is passing away." We cannot ignore the environment completely, but we can and must work out where we fit in it so we can hang on to what we really need and forget the rest of what we want.

Today's Gospel according to Mathew reminds me of every time I started a new job, and I was given a list of duties to perform. If I did well, I was praised and promoted, if not I risked being sacked! Isn't this what Jesus is challenging us with by this list of Beatitudes? It is His will presented to all Christians and people of good will.

So, at the beginning of this new year, it will be greatly to our benefit if we try to keep measuring our efforts against Jesus' guidelines – not only written in His Gospel but also deeply entrenched in our heart and conscience. What comes easy in achieving this is the fact that we don't have to seek these opportunities with much effort, for they present themselves to us every day, even without expectation.

Therefore let us keep the Beatitudes constantly in our mind, so we shall be ready when we see our neighbour in need of any spiritual or material assistance, when we notice anyone isolated and seems in need of a word of comfort, when we are tempted to close our eyes to the injustice done to marginalised sectors of the community - we remember! Yes, we remember what Jesus expects from us, and that His asking is no greater than what He Himself endured for us in setting so many clear and living examples to sustain every one of the nine Beatitudes he bequeathed to us to keep us all united as one with Himself.

Frank Zammit (parishioner)

Lectio Divina – Weekly Sessions

You are warmly invited to join us this Wednesday at 6:00pm in the Red Room for the weekly *Lectio Divina*, a prayerful reflection on God's Word. as we listen, reflect, and pray together.



For more information or to prepare, please click on the link [Lectio Divina](#)

Recycle and convert to Cash:

Your generosity is making a remarkable difference in supporting families in East Timor and the ongoing mission of the East Timor Committee.



Thanks to your continued support, we are making great progress—please keep the cans and bottles coming! Updates on the funds raised will be shared quarterly.

Parish News

Parish Social & Fundraising Committee:

Community & Friendship Dinner Dance

Tickets will be available until Weds, 11th February, please buy your tickets early as the caterers need to be advised of the final numbers!

The Parish Dinner Dance is now less than two weeks away. At this stage, 160 guests will be attending.

Friday, 13 February 2026 at 7.00pm

Venue: Father Camilleri Hall at Our Lady Queen of Peace, Greystanes – onsite parking available.

Cost: \$70 per adult

- \$35 for children (under 12)

Dress is smart casual; water will be available for free, however BYO wine or beer.

Tickets on sale after every Mass in the Narthex.

The Committee is looking for sponsorship of items to be raffled during the event. All contributions are welcome.

Liturgy Corner

Year A? I thought it was 2026

We recently began the season of Ordinary Time, listening to the accounts of Jesus' public ministry for a new year from the Gospel of Matthew. Sometimes we might hear people refer to the "Year of Matthew" or "Year A", which began in Advent last November. What, though, is the meaning behind these titles?

One concern of the bishops at the Second Vatican Council in the 1960s was that more of the Bible was opened up to all of us, starting with our liturgical celebrations. Rather than continuing to listen to the same Scripture texts year on year, the Lectionary (book of readings) for Mass was completely revised. For Sundays, this means we listen to a three-year cycle of readings, with a two-year cycle of readings for weekdays.

These three years in the Sunday Lectionary cycle are referred to as Years A, B and C, with the Gospels of Matthew, Mark and Luke being central to the Scripture proclamations across each year respectively. The Sundays in Ordinary Time in particular invite us to walk with Jesus as he lives out his mission, from his baptism to his final journey towards Jerusalem and his passion, death and resurrection.

Mandatory Safeguarding Training:

All volunteers and Ministers in our parish are required by the NSW Children's Guardian ACT 2019 to complete Safeguarding Training, if you wish to volunteer and have not completed the Cycle 1 training (Modules 1-3), there is a face to face Safeguarding Training available at Bishop Bede Heather Centre Blacktown on Wednesday, 11 February, at 9:30 am - 2:30 pm. Follow the link to register: <https://parracatholic.org/events/mandatory-safeguarding-training-cycle-1-modules-1-3-11-february/>

Parish Finances

Thank you for your generosity

Donations to the Parish for the week of Monday 19/1/2026 to Sunday 25/1/2026 totalling \$4,124.00

Planned Giving (cash/c cards):	\$965.00
Loose cash:	\$884.00
Direct Deposits:	\$830.00
Tap & Go:	\$1,445.00

Parish Online Banking: If you would like to pay fees or to donate, our online banking details are:

BSB: 067 950 **Account Number:** 000 00602
Account Name: Wentworthville Catholic Church
Reference: [Your Surname] PURPOSE OF YOUR DONATION

Please pray for...

Recently Deceased: Andrew Tran, Cam Tran, Vanessa McNeil, Magdelene Travas.

Deceased (including RIP, anniversaries and memorials): Mary & Frank Teuma, Joyce Cini, Tony & Antonia Cini, Doris Vella, Charlie Zammit.

Those who are sick (in need of healing and peace), especially: Norman de Luca, Margaret Norton, Vincenza (Vivian) Sultana, Thelma Blakeman.

Special Intentions /Thanksgiving: Ngoc Tran, Thuy Tran, Bridget D'Souza (80th Birthday), Joshua Caleb new baby boy for parents Joanne and Anthony, birthday of Jordan Condurache.

Celebrating our Catholic Calendar

Church Calendar

The Presentation of the Lord

Feast Mon, 2nd Feb

St Agatha, virgin, martyr

Memorial Thurs, 5th Feb

St Paul Miki and companions, martyrs

Memorial Fri, 6th Feb

Lectio Divina

Wed, 4th Feb 2026 6 pm

Church cleaning

Thurs, 5th Feb 2026 9.30 am

St Vincent de Paul Meeting

Thurs, 5th Feb 2026 10 am

Anointing Mass

Friday, 6th Feb 2026 9.00 am

Baptism Preparation

Thurs, 12th Feb 2026 6.00pm

Diocese of Parramatta Notices

Annual Diocesan Red Mass: 3 February

Fr Robert Riedling, Dean of St Patrick's Cathedral, Parramatta, cordially invites members of the judiciary and legal community, public service officials, law students and their families to the annual Red Mass. Join us on Tuesday 3 February at 7pm, refreshments will be served following the Mass. Please RSVP by Friday 30 January to enquiry@stpatscathedral.com.au or call (02) 8839 8400.

Diocesan World Day of the Sick: 11 February

A Mass for the World Day of the Sick, including the Sacrament of the Anointing of the Sick, will be held at 11am on 11 February 2026 at St Patrick's Church, Mary, Queen of the Family Parish, Blacktown. All are welcome, including those who may be sick, and those who care for the sick and dying and health care professionals. To register, please visit parracatholic.org/events/diocesan-world-day-of-the-sick-mass/

St Vincent de Paul Christmas Appeal

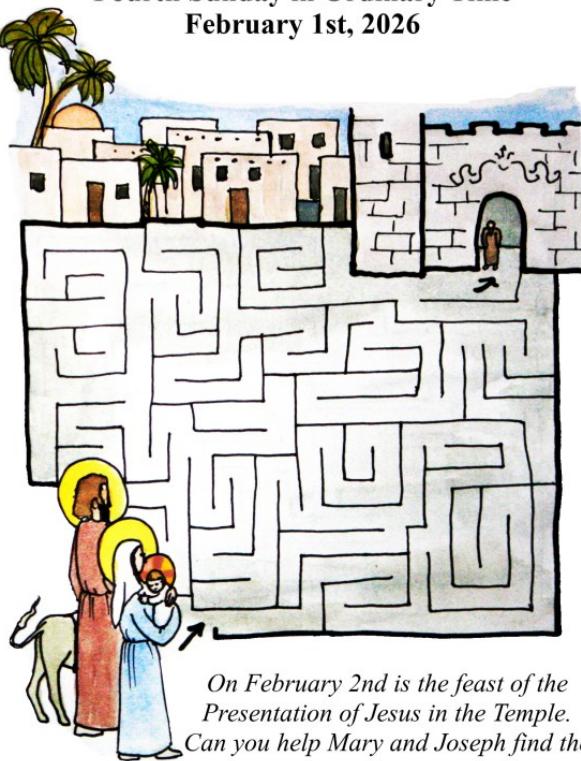
We wish to thank all our supporters for their continued assistance to our appeals, particularly our Christmas Appeal 2025.

We received \$4,000.00 (including gift cards) – a wonderful response which we are extremely appreciative. We were able to assist approximately 30 families specifically over the Christmas Season.

Wishing everyone a happy and healthy new year. May God watch over and keep you in His loving embrace during 2026. *Vinnies Wentworthville Conference*

Kids' Corner

Fourth Sunday in Ordinary Time
February 1st, 2026



On February 2nd is the feast of the Presentation of Jesus in the Temple. Can you help Mary and Joseph find the way through Jerusalem to present Baby Jesus in the Temple?

Next week's readings

7th & 8th February 2026: 5th Sunday in ordinary time:

Rosters for 7th & 8th February 2026		
5th Sunday in Ordinary Time		
MASS	ROLE	VOLUNTEER
6pm Saturday (Vigil)	Reader 1 Reader 2 Communion	Elena Fernandes Anne-Marie Torrens Antoinette Zammit
8am Sunday	Reader 1 Reader 2 Communion	Joshua Angelo Jeremy Angelo Ron Aquilina Colleen Weatherall
10am Sunday	Reader 1 Reader 2 Children Communion	Shayna Peter Clyde Fernandes Daphne Dominic Skip Fernandes David Touma
6pm Sunday	Reader 1 Reader 2 Communion	Nellissa Almeida Eliana Almeida Jovan Titus



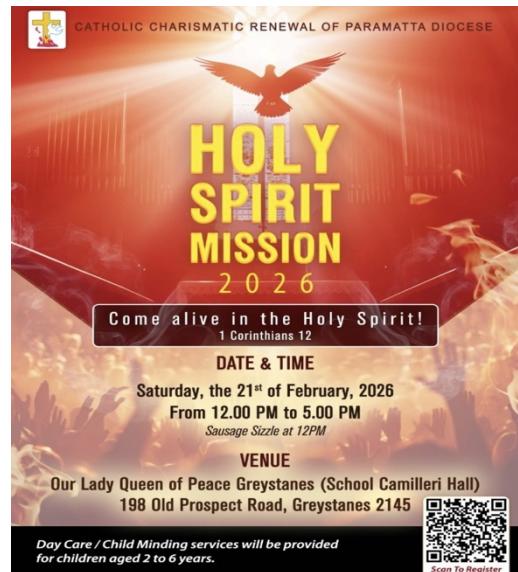
Project Compassion Donation Envelopes: How do I use them?

This Lent, like we did in 2025, there is a single Project Compassion donation envelope – rather than the six weekly envelopes used in previous years. This change was made to reduce waste and support our shared commitment to caring for our common home.

You can still give weekly by taking several envelopes at once or simply make your offering when you're ready. Thank you for *Uniting Against Poverty* with us this Lent.

**UNITE 
AGAINST
POVERTY**

this Lent



First Reading: Isiah 58:7-10
Responsorial Psalm: Psalm 111:4-9
Second Reading: 1 Corinthians 2:1-5
Gospel: Matthew 5:13-16



**Our Lady of
Mount Carmel**
Wentworthville

in the care of the Carmelite Friars

We acknowledge the Darug people as the original custodians of this land and pay our respects to the elders; past, present and emerging. Our Lady of Mount Carmel Parish, together with the Diocese of Parramatta and the Carmelite Friars, are committed to safeguarding children, young people and vulnerable adults in our care and ensuring that they feel and are safe.

Connect with us

Online at www.olmcwenty.org.au

On Facebook, Twitter and Instagram [@olmcwenty](https://www.facebook.com/olmcwenty)

Email ocarmswenty@gmail.com

If you would like to stay up to date with all the news from the parish, please consider [subscribing to the Carmel bulletin](#).

Parish Office

Phone: 9631 8302

Open Monday to Thursday, 8:30am to 3:30pm

Parish Office is closed Friday, Saturday, Sunday and Public Holidays

Parish Priest: Fr. Januario Pinto, O.Carm (Carmelite Prior)

Assistant Priest: Fr. Albino Dos Santos, O.Carm

In Community: Fr. Anthony Scerri, O.Carm,
Fr. John Powell, O.Carm (in Aged Care)

Parish Secretary: Diane Vella

Finance Officer: Gennie Cosgrove

Our Lady of Mt Carmel Primary School

Principal: Olimpia Pirovic

Phone: 8832 1100

Liturgy times

Sunday Masses

Saturday: 6:00pm (Vigil)

Sunday: 8:00am, 10.00am (include Children's Liturgy of the Word), 6:00pm

Weekday Masses

Monday - Thursday and Saturday: 9:00am

Friday: 9:15am (except first Friday of the month)

Reconciliation

Saturday: after the 9:00am Mass

Exposition of the Blessed Sacrament

Saturday: 8am

Rosary Group

Monday - Friday: 8am

Saturday: after the 9am Mass

Anointing within Mass

First Friday of the month at 9am Mass followed by morning tea

Baptisms, Weddings and Funerals By request

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